



# PureCell™

## Pure Clear

*\*Nutritional and herbal support for reducing inflammation, maintaining healthy blood sugar levels, and promoting detoxification*

Pure Clear is a high quality source of naturally pure macro- and micro-nutrients. Pure Clear is comprised of rice and pea protein, vitamins, minerals, trace elements, amino acids, herbs, and essential fatty acids. The full range of vitamins, minerals, and trace elements support all the body's systems.\* The formula includes MCT (Medium Chain Triglyceride) oil, a plant-based source of essential fatty acids, which has been shown to promote energy expenditure and help curb the increase of body fat.\*

### Anti-Inflammatory Properties\*

The rice and pea protein base of Pure Clear is a hypo-allergenic source of protein. By avoiding protein sourced from common allergens (such as soy, dairy, and gluten), inflammation caused by underlying food sensitivities can be avoided. The Pure Clear formula also contains the bioflavonoids Hesperidin, Rutin, and Quercetin, which help reduce the production of pro-inflammatory cytokines.\* The actions of the bioflavonoids are augmented by Curcumin, which may interfere with pro-inflammatory gene expression.\*

### Maintains Healthy Blood Sugar Levels\*

The high-quality protein in Pure Clear is optimal for maintaining healthy blood sugar levels.\* Pure Clear supplies higher levels of the B vitamin Biotin, the trace elements Chromium and Vanadium, and Cinnamon, a common herb, to aid in the stabilization of blood sugar levels.\* Glucomannan, a polysaccharide derived from Konjac root, promotes healthy insulin response and sustained satiety.\*

### Detoxification Support\*

The complete protein base in Pure Clear is combined with the individual amino acids Glutamine, Glycine, Lysine, and Taurine to support cell repair and regeneration. These amino acids work synergistically with Curcumin, whole plant Broccoli powder, and MSM (methylsulfonylmethane) to help maintain a healthy liver and enhance the body's natural ability to eliminate toxins.\* The Pure Clear formula also includes, N-Acetyl Cysteine, a pre-cursor to glutathione, which promotes normal detoxification in the liver.\*

- 1) Tsuji, H, M Kasai, H Takeuchi et al. Dietary Medium-Chain Triglycerols Suppress Accumulation of Body Fat in a Double-Blind, Controlled Trial in Healthy Men and Women. *J Nutr* 2001; 2853-2859.
- 2) Park HH, Lee S, Park SB, et al. Flavonoids inhibit histamine release and expression of proinflammatory cytokines in mast cells. *Arch Pharm Res* 2008 Oct; 31(10): 1303-11. *Epub* 2008 Oct 29.
- 3) Menon VP, Sudheer AR. Antioxidant and anti-inflammatory properties of curcumin. *Adv Exp Med Biol* 2007; 595: 101-25.
- 4) Promintzer M, Krebs M. Effects of dietary protein on glucose homeostasis. *Curr Opin Clin Metab Care* 2006 Jul; 9(4): 463-8.
- 5) Anderson RA. Chromium and polyphenols from cinnamon improve insulin sensitivity. *Proc Nutr Soc* 2008 Feb; 67(1): 48-53.
- 6) McCarty MF. Glucomannan minimizes the postprandial insulin surge: a potential adjuvant for hepatothermic therapy. *Med Hypotheses* 2002 Jun; 58(6): 487-90.

**Manufactured in the USA at an FDA-Inspected Facility**

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## Supplement Facts

serving size: 46.5g

servings per container: 20

Amount per Serving

Calories 181      Calories from Fat 23

		% daily value
<b>Total Fat</b>	3g	4.6%
Saturated Fat	1g	5%
Trans Fat	0g	0%
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	319mg	13%
<b>Total Carbohydrates</b>	19g	6%
Dietary Fiber	4g	16%
Sugar	0.5g	
<b>Protein</b>	29g	

† Percent daily values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Other Ingredients: Pea Protein Isolate, Rice Protein Concentrate 80% (from non-gmo whole grain brown rice), Xylitol, Natural Pineapple Flavor.

**Total ORAC Value Per Serving: 11,600**

	amount per serving	% daily value
Vitamin A	5000iu	100%
<small>(50% as beta carotene and mixed carotenoids-50% as vitamin A acetate)</small>		
Vitamin C (ascorbic acid)	200mg	333%
Vitamin D3 (as cholecalciferol)	300iu	75%
Vitamin E	100iu	333%
<small>(as d-alpha tocopheryl succinate)</small>		
Thiamin (as thiamine HCl)	1.5mg	100%
Riboflavin	3mg	176%
Vitamin B6 (as pyridoxine HCl)	2mg	100%
Folate (as folic acid)	200mcg	50%
Vitamin B12 (as methylcobalamin)	100mcg	1666%
Niacin (as inositol hexaniacinate)	25mg	125%
Biotin	2.5mg	833%
Pantothenic Acid (as calcium pantothenate)	50mg	500%
Calcium (as calcium citrate/malate)	200mg	20%
Magnesium (as magnesium citrate)	200mg	50%
Zinc (as zinc citrate)	15mg	100%
Selenium (as selenomethionine)	100mcg	143%
Manganese (as manganese aspartate)	1.5mg	75%
Chromium (as chromium polynicotinate)	400mcg	333%
Molybdenum (as molybdenum citrate)	50mcg	67%
Potassium (as potassium citrate)	99mg	3%
Boron (as boron citrate)	100mcg	*
Vanadium (as vanadyl sulfate)	300mcg	*
MSM (methylsulfonylmethane)	100mg	*
L-Glutamine	1000mg	*
Glycine	2000mg	*
Taurine	500mg	*
Lysine HCl	500mg	*
N-Acetyl Cysteine	200mg	*
Broccoli Powder	100mg	*
Cinnamon Bark	750mg	*
Glucomannan	750mg	*
Quercetin dihydrate	250mg	*
Curcuma longa Rhizome Extract (min. 85-90% curcuminoids by HPLC)	200mg	*
Rutin	200mg	*
Hesperidin (from Citrus Bioflavonoid Complex 60%)	200mg	*
MCT Oil	1000mg	*
* Daily Value not established		